

SÉPAQ

# PARC NATIONAL DU MONT-ORFORD

**Protected area. Enriching nature experiences.**

**Offering mountainous terrain, an impressive diversity of habitats, and where the Mont-Orford Massif takes centre stage, this is the protected territory you are about to discover. Created in 1938, the park offers an abundance of outdoor activities to be discovered year-round, all while playing an active role in the conservation of the natural environment.**

 **Sépaq**  
human nature

# OUR TEAM'S FAVORITES



A

## Beautiful Stukely Lake

A magnificent lake open to a range of activities, with crystal clear water and stunning landscapes. From the beach, you'll admire the Chauve mount along with the small island at its base. On the water, you'll get up close to the Mont-Orford Massif and Miner Island.



B

## A Biodiverse Bog

The Fer-de-Lance pond hides a peat bog that collects highly mineralized groundwater and runoff water. Its specific ecological conditions make it suitable for vegetation that is common to marsh habitats. Come take a break in this natural masterpiece from the lookout.



C

## Destination: Mont-Chauve

Hike along this magnificent trail and trek to the summit of the Chauve mount, which climbs to an elevation of nearly 600 metres. From there, you'll have a bird's eye view of Stukely Lake. A wonderful and beginner-friendly mountain hike that you can enjoy in both summer and winter.



D

## Wind Through the Forest

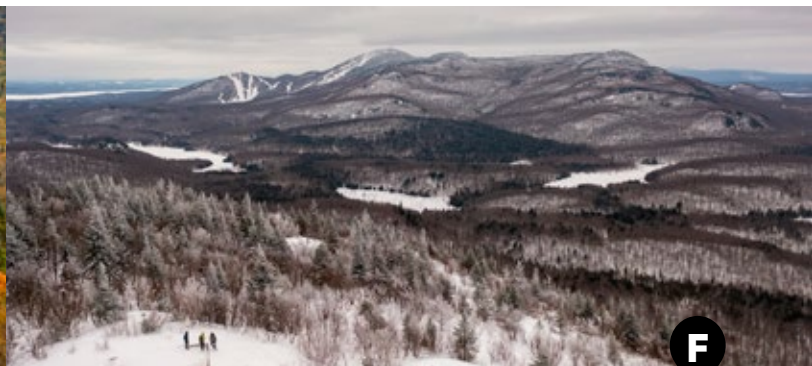
Explore the singletrack trails and ride through a range of forest environments. You'll love the experience!



E

## Conquer the Crêtes

Are you a recreational hiker who enjoys daunting challenges? Set out to conquer the ridges and reach the summits of the Mont-Orford Massif! From the Pic de l'Ours, you'll have a breathtaking 360-degree view of the region.










F

## Winter in the Park





The park attracts winter sports enthusiasts of all levels. Activities include cross-country skiing, snowshoeing, fat biking and winter hiking. You'll marvel at the beauty and peacefulness of the surroundings.

# DISCOVER OUR TRAILS

	HIKING TRAILS	LENGTH*	DURATION*	LEVEL OF DIFFICULTY*	ELEVATION	STARTING POINT
	<b>Trois-Étangs Trail</b> – Take a bike path that meanders along three of the park's ponds: de l'Ours, de la Cuvette and Martin.	5.5 km Loop	2 h	E	50 m	Le Cerisier Discovery and Visitors Centre
	<b>Le Pékan</b> – Go as far as Le Castor hut while visiting the Colline des Pins and the Colline de la Serpentine.	9.4 km Round trip	3 h 15	I	95 m	
	<b>Les Crêtes</b> – Set out to conquer the ridges and reach the summits! This is a spectacular hike that will lead you to Mont-Orford!	18.7 km Loop	9 h	H	455 m	
	<b>L'Escalier-du-Nord</b> – Climb the Mont-Orford Massif to Pic de l'Ours by way of Pic de la Roche-Fendue.	12 km Round trip	6 h	H	455 m	
	<b>L'Étang-Fer-de-Lance</b> – A pleasant hike through a maple grove leading to a lookout over a superb panorama. <b>WARNING: To protect the natural environment, dogs are not permitted at the lookout.</b>	3.5 km Loop	1 h 15	E	50 m	Le Bonnallie Visitors Centre
	<b>Le Mont-Chauve</b> – Hike along this magnificent trail and trek to the unobstructed summit of Mont Chauve, which climbs to an elevation of nearly 600 metres.	10.6 km Loop	4 h	I	310 m	
	<b>Le Ruisseau-David</b> – A gentle climb to the summit of Mont Chauve.	9 km Round trip	3 h 30	I	290 m	Parking area at Érablière Municipal Park
	<b>Le Ruisseau-des-Chênes</b> – Follow this trail along the Des Chênes stream. A magnificent hike through an oak and beech tree forest that will lead you to Mont-Orford.	9.4 km Round trip	4 h	H	410 m	Route 112

\*Distances, duration and levels of difficulty are given for reference for round trips in the summer. The durations do not include breaks.

**E:** Easy    **I:** Intermediate    **H:** Hard

 Geocaching courses     Discovery panels     Family experience     Dogs allowed - [sepaq.com/animaux](http://sepaq.com/animaux)

## Supervised access for dogs main rules\*

**Compliance with the regulations is essential.  
The offer could be reviewed if non-compliance is noted.**

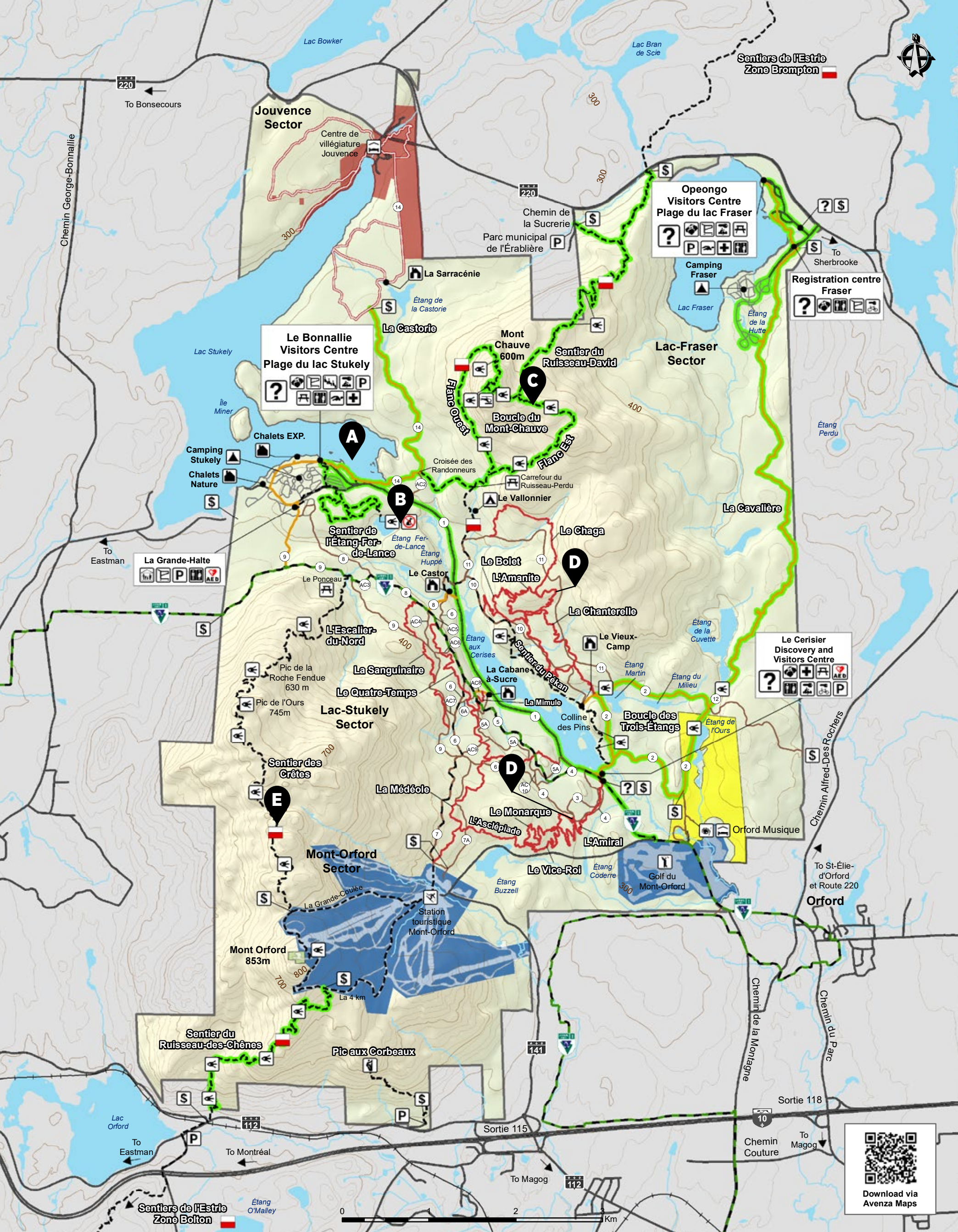
- Dogs must remain in the places where they are authorized at all times.
- Dogs must be kept on a leash and under surveillance at all times.
- The person in charge of the dog must pick up the animal's excrement without delay.
- Barking or howling dogs as well as dogs affecting the tranquility and safety of other visitors are not allowed.

\* Individuals who fail to comply with any of the rules stated may be required to leave the area and/or issued a statement of offence, where appropriate.

## Authorized places in summer

<b>Trails</b>	Le Ruisseau-David, Le Ruisseau-des-Chênes, Le Mont-Chauve and L'Étang-Fer-de-Lance
<b>Bike paths</b>	La Castorie, La Cavalière and La Boucle des Trois-Étangs
<b>Camping</b>	<b>Lac-Stukely sector:</b> Le Frêne and Le Cèdre loops <b>Lac-Fraser sector:</b> Le Colvert, Le Branchu and La Bernache loops
<b>Nautical access point</b>	Rental centers: Bonnallie (Lac-Stukely sector) and Opeongo (Lac-Fraser sector)





- |                                   |                                  |                        |
|-----------------------------------|----------------------------------|------------------------|
| Registration centre / Information | No dog allowed                   | Bike rental            |
| Amphitheatre                      | Automated external defibrillator | Picnic                 |
| Self registration post            | Convenience store                | Lifeguard on duty      |
| Shop                              | Rock climbing                    | Lookout                |
| Semi-serviced camping             | Golf                             | First aid              |
| Rustic camping                    | Rustic accommodation             | Community hall         |
| Arts Centre                       | Heliport                         | Parking lot            |
| Alpine ski centre                 | Hotels                           | Sentiers de l'Estrie   |
| Cabin                             | Boat rental                      | Bike path              |
|                                   |                                  | Route verte            |
|                                   |                                  | Trail                  |
|                                   |                                  | Mountain bike path     |
|                                   |                                  | Dogs allowed location  |
|                                   |                                  | Jouvence trail         |
|                                   |                                  | Forest road            |
|                                   |                                  | Road network           |
|                                   |                                  | Railway track          |
|                                   |                                  | National park boundary |

Territory under lease from the Ministère de l'Environnement, de la Lutte contre les changements climatiques, de la Faune et des Parcs

- Territory managed by Corporation Ski & Golf Mont-Orford
- Territory managed by Jouvence, base de plein air inc.
- Territory managed by Orford Musique
- Télé-Québec antennas

L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Les altitudes sont exprimées en mètres.

Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale.

Données originales utilisées : Années 2023

Banque de données Sépaq : 2023

Cartes topographiques : 2000

à l'échelle de 1/20 000

Source des données utilisées : Ministère des Ressources naturelles et des Forêts

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# DISCOVERY TIME

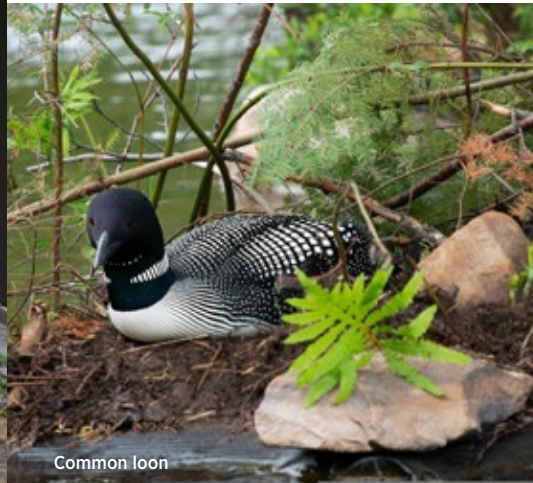


Les Crêtes trail



## Geocaching

What better way to explore a trail than by a modern-day treasure hunt! Geocaching is a pleasant way to discover the park, its history, and natural features. To take part in this activity, you'll need a GPS device or smart phone with a built-in GPS to navigate your way to a geocache. Each geocache is located less than one metre from established park trails and infrastructures.



Common loon

## Self-Guided Excursions

### L'Étang Fer-de-Lance

A pleasant hike through a maple grove leading to a lookout of Fer-de-Lance pond and the Mont-Orford Massif. You'll find **discovery panels** along this trail to help you learn more about these fascinating environments!

### Aux Cerises Pond Ecotour

Grab a canoe and follow the self-guided tour to explore the Aux Cerises pond. The Aux Cerises pond inspires a sense of calm and relaxation. Distinctive aquatic plants and discreet wildlife (and lots of it!) are yours to discover!

## Let us Take you Away...

Share in our park warden's passion for the territory and its protected natural areas. Whether it's an evening talk at Le Bonnalie Visitors Centre, meet at the beach or a hiking guided tour, you'll enjoy discovering the park's beauty. Little ones won't be left out with a range of activities that have been specially designed with them in mind.

## DISCOVERY ACTIVITIES

**Consult the program to enrich your visit.** (in French only)

You will find entertaining activities to explore the park from every angle.



**Possibility of renting a canoe or kayak from the Le Cerisier Discovery and Visitors Centre.**

### Trois-Étangs Loop

With its diverse habitats, Trois-Étangs is the perfect spot for encounters with the natural world. Discover the area's inhabitants through this **series of interpretive panels**.

### Les Crêtes Trail

Climb the Mount-Orford massif and discover this **series of interpretive panels** showcasing the area's abundant natural environment.

### Mont-Chauve Loop

Hike along this magnificent trail and discover a **series of interpretive panels** that reveal the hidden face of the mountain's bare cliff.





## Explore the Park by Bike

### LA CAVALIÈRE

Ride your bike from the Le Cerisier Discovery and Visitors Centre to Opeongo Visitors Centre (Lac-Fraser sector), **an easy 10.6 km trail (one-way)** through an enchanting forest.

### TROIS-ÉTANGS LOOP

**A beautiful and easy 5.5 km path for the whole family.** The trail starts at the Le Cerisier Discovery and Visitors Centre and meanders through several types of forests. Viewpoints also dot the trail at three of the park's ponds: de l'Ours, de la Cuvette and Martin.

### LA CASTORIE **CLOSED FOR THE SEASON**

**A technical trail** starting at Le Bonnallie Visitors Centre that will lead you to Castorie Pond (**8.5 km round-trip**).

### LA ROUTE VERTE

A stretch of the Route verte, the vast network of bike paths that criss-cross Quebec, cuts through **nearly 7.4 km** of the park. Experience is required due to its **level of difficulty**.

## Mountain Biking

Ride through the forests of the Étang-aux-Cerises valley on the park's network of singletrack mountain bike trails. Get moving while discovering the park's thirteen trails totalling nearly 25 kilometres and offering levels of difficulty ranging from easy to difficult.

Fees apply for access to dedicated mountain biking trails. **You must purchase your daily ticket on site.** Park access fees are also applicable.

**Pick up a trail map** at the Le Cerisier Discovery and Visitors Centre or by downloading the Avenza Maps mobile app on your device (at the App Store<sup>MC</sup> or Google Play Store<sup>MC</sup>).

**Fatbikes and mountain bikes are available to rent based on availability.**

**Where?** Le Cerisier Discovery and Visitors Centre  
Lac Fraser registration centre



## Water Activities and Equipment Rentals

Parc national du Mont-Orford is proud to offer visitors numerous water activities set in truly magical surroundings. The beaches of Stukely and Fraser lakes are perfect for swimming and boast beautiful water quality, exceptional landscapes, and a variety of activities to choose from.

**Canoe, kayak, pedal boat, stand-up paddle and rowboat are available for rent.**



## IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

### Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](http://sepaq.com/security)**

## Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.

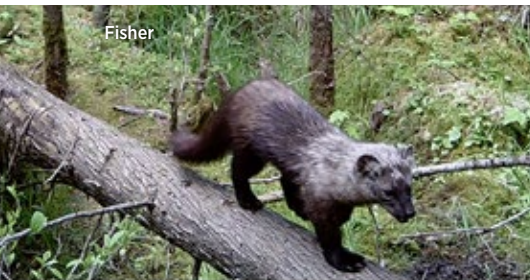


# CONSERVE FOR TOMORROW

## Caught on Film

**Did you know that we are continuing our work to expand our knowledge in the area earmarked for park expansion?**

Several cameras installed in strategic locations have revealed the presence of a wide variety of wildlife. Moose, white-tailed deer, coyotes, black bears and fishers were all photographed during the summer months.



## The benefits of nature without leaving a trace!

**Did you know that you can help preserve the park and still enjoy all of the benefits of nature?**

By following the 7 principles of Leave No Trace, you'll enjoy all the beauty that the park has to offer, while ensuring that the people who follow in your steps will also enjoy the lush and beneficial of this nature just as much.

1. Plan ahead and prepare
2. Travel and camp on durable surfaces
3. Dispose of waste properly
4. Leave what you find
5. Minimize campfire impacts
6. Respect wildlife
7. Be considerate of others

### Want to know more?

Speak with a park warden who'll be happy to give you a few tips and tricks. Visit [leavenotrace.ca](http://leavenotrace.ca)



## Exotic and Invasive!

**Did you know that we are continuing our efforts to control invasive exotic species in the park?**

A team dedicated to this mission scours the territory in search of these invaders and deploys treatment methods based on the species and environment. Common reed, Eurasian watermilfoil and buckthorn are the main species targeted.

**Please clean your boat and ensure that it is free of plant debris and harmful organisms before launching it into the water. This small precautionary measure is important to avoid transporting unwanted species like Eurasian watermilfoil and zebra mussels from one body of water to another.**

# 5 good practices to adopt in nature

## Our national parks

Given the millions of visits to our national parks annually, harmful behaviors can cause permanent damage to the environment and negatively impact the experience of other visitors. Let's do our part to care for these extraordinary nature sites so we can all enjoy them for years to come.



### Stay on trails and in designated visitor areas

Taking shortcuts can destroy vegetation.



### Do not gather dead wood\*

To preserve the natural environment, it is prohibited to remove natural elements, including animals, plants, dead wood, and rocks.



### Do not feed wildlife\*

Feeding wildlife negatively impacts their natural feeding habits. Keep all food out of reach of animals.



### Keep your distance when observing wildlife

When animals are repeatedly disturbed, their natural behaviors can change, and they can develop problems to feed, find a mate, and communicate among themselves.



### Respect the peace and tranquility, and comply with curfews

People come to national parks to relax and enjoy nature. Please respect curfews and avoid playing music at all times.

\*Failure to comply with rules governing parks and authorized activities is considered a violation of the *Parks Act* and *Parks Regulation*.

